Answer is Gottrons sign.

It's classical erythematous macules and patches seen over the knuckles, commonly associated with Dermatomyositis.

Salt and pepper appearance is seen in scleroderma due to diffuse hyperpigmentation with perifollicular sparing.

Multicentric reticulohistiocytosis (MRH) is a rare disease in which papulonodular skin lesions are associated with arthritis that primarily affects the interphalangeal joints.

Acute lupus erythematosus has either localized or diffuse subtypes which manifests predominantly as maculopappular rash over the face and trunk.

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